

Everything you need to know about Rich Kid Syndrome

- What is the definition of real happiness?
- What is your personal definition of real happiness?
- What causes the rich kid syndrome?
- Name four consequences.
- Name at least eight possible cures.

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- **What is the definition of real happiness?**
 - **Finding inner peace / balance**
 - **Getting satisfaction**
- **What is your definition of real happiness?**
 - **To be in a flow**
 - **To spend time with friends**
 - **To stay out in nature**
 - **To exercise**
 - **To meditate**
 - **To feel loved, accepted, and to get personal attention**
- **What causes the rich kid syndrome?**
 - **It's a materialistic compensation of lack of time, love, attention, affection, care**
- **Name four consequences.**
 - **Aggression**
 - **Low tolerance to frustration**
 - **Low self-esteem**
 - **Unawareness of the surroundings**
- **Name at least eight possible cures.**
 - **Spend time together**
 - **Give them love**
 - **Take real interest in what they do**
 - **Reward them**
 - **Set clear rules**
 - **Serve as a role model**
 - **Show them what daily life costs**
 - **Don't buy them all they want**
 - **Don't satisfy immediately all their needs**
 - **Make them work for their wishes**